



Jill King  
OHNIG Chair

Dear Occupational Health Nurse Colleagues,

I am writing you today as an experienced registered nurse and occupational health and safety specialist. Every Occupational Health Nurse requires the right support systems to practice. So on behalf of all occupational health nurses, I asked RNAO to detail membership benefits.

Please read how RNAO and OHNIG membership can support your practice and protect you as a professional. Click on the [blue color links](#) to view a host of benefits ranging from specialty certification, legal protection, continuous learning and professional development, networking opportunities, financial savings and a "voice" to speak out for improvements in health care system and nursing policy.

Currently 35,000 nurses and nursing students have chosen to get involved with RNAO to have a proactive association working for them that provides many worthwhile membership benefits.

### **SPECIALTY CERTIFICATION**

RNAO members are part of the Canadian Nurses Association, and are eligible to save \$233.91 on initial examination fee for [certification in Occupational Health](#). Canadian Occupation Health Nurse Certification earns a registered nurse the COHN(C) designation. RNAO is also currently negotiating with the [Canadian Occupational Health Nurses Association](#) to provide group rates for this national body for all our members.

### **LEGAL PROTECTIONS**

As a benefit of RNAO membership, you are eligible for professional liability protection from the [CANADIAN NURSES PROTECTIVE SOCIETY \(CNPS\)](#). By adding \$64.57 to your membership to enroll in the [LEGAL ASSISTANCE PROGRAM \(LAP\)](#), you are eligible for legal assistance with employment related matters including wrongful dismissals and complaints to CNO; making your protection more comprehensive.

RNAO provides benefits that are designed by nurses for nurses. Depending on your needs, your membership in RNAO, LAP and OHNIG can cost under \$350/year, which is much less than what other associations charge.

## CONTINUOUS LEARNING & PROFESSIONAL DEVELOPMENT

Occupational Health Nurse Interest group **OHNIG** is a provincial interest group of **Occupational Health Nurses** within Registered Nurses' Association of Ontario (RNAO) ...*click here for more information*

OHNIG acts as the voice and forum for the specialized nursing practice of occupational health and environmental safety. OHNIG offers professional resources, practice guidelines, education opportunities, research and networking with colleagues. [www.ohnig.ca](http://www.ohnig.ca)

Members can take advantage of [career counseling](#), [online workshops](#), [educational guides](#), [loans](#) and scholarships. RNAO/OHNIG members save up to 40% off registration for RNAO conferences & workshops and can apply education hours towards their Reflective Practice participation. With such huge savings, members can recover most of the cost of their fee.

## **STAYING CONNECTED & INFORMED**

As a RNAO member, you have membership with the [Canadian Nurses Association \(CNA\)](#); receiving free subscriptions to both the Canadian Nurse & award winning [Registered Nurse Journal](#) as well as the [NurseOne](#) website.

## **FINANCIAL SAVINGS**

Enjoy members-only group discounts on insurance programs for [home](#), [auto](#), [extended health](#), [dental](#), and [long term disability](#). We also have [group rates for small business owners](#) through our NurseInsure program.

## SPEAKING OUT

Be a voice in shaping health care and nursing policies. RNAO has made submissions on the [Occupational Health and Safety Amendment Act](#). RNAO and OHNIG work to educate the public and other nurses on the work Occupational Health Nurses perform. View Occupational Health Nurse Practice Profile "Careers in Nursing! A World of Opportunity!" ... *click here to read*.

By joining RNAO and OHNIG, you're asserting your professionalism both as a Registered Nurse and as a Health and Safety expert.

To sign up with RNAO and OHNIG, visit <https://www.joinrnao.org> or give our Membership and Services team a call at 1-800-268-7199.

OHNIG looks forward to welcoming you on board. If you have any questions about the work of the OHNIG or RNAO, please drop me a line at [jking@ohnig.ca](mailto:jking@ohnig.ca)

Warm regards,

Jill King RN, BHSc (N), COHN(C), COHN-S, ASA  
Chair, Occupational Health Nurses Interest Group