



OCCUPATIONAL HEALTH NURSE INTEREST GROUP OHNIG GUIDELINES FOR VOLUNTEERS

1. The question to ask yourself, "Should I become involved in OHNIG Work?"
The answer is definitely, "YES"!
2. "What benefit will I get from helping ONHIG?" The answer, "Many"!

OHNIG Volunteers benefit by:

- Understanding the diversity of work that Occupational Health Nurses perform
- Exchanging experiences, knowledge and resources to assist others to navigate the healthcare system, i.e., policies, practices, political action and community health care needs
- Being at the front line in the development of workshops, best practices and research on how to maintain an independent nursing practice
- Improving and influencing the many rapid changes in health care, economic and social policy
- Advancing the recognition of Occupational Health Nurses as highly skilled professional health care Registered Nurse specialists who provide the highest quality health care for our clients, the workers in workplaces.
- Experiencing the opportunity for networking with OHN leaders and OHN members

OHNIG Members - Volunteer for Committee Work or Executive Leadership!

- Any OHNIG member may volunteer to work on an OHNIG project to assist with newsletters, research, membership, meet ups, RNAO workshop ... [Strategy Plan](#)
- Any OHNIG Member can be nominated or volunteer to be an OHNIG Executive leader for a 2-year period ... [OHNIG Executive](#)
- OHNIG communicates with open letters /e-blasts/phone calls/newsletters.
- OHNIG volunteers can choose to attend two scheduled meetings: One meeting by phone conferencing in November and /or 'face to face' breakfast meeting in April.
- OHNIG Members who volunteer are assigned to a current OHNIG executive leader to ease the new OHNIG volunteer(s) into assisting OHNIG Project Committee

OHNIG WELCOMES YOUR HELP!